

Cardiology Disease Fellows Conference

CICU Morbidity, Mortality and Improvement (MMI)

Andrew H. Nguyen, DO
Cardiovascular Fellow**Dr. Ahmad Abdul-Aziz**
Host**Tuesday, August 25, 2026**

5:30pm - 6:30pm

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cme.inova.org**Target audience:** Members of the medical staff, cardiology practitioners, fellows**Learning objectives:**

- Formulate a risk-stratified discharge plan versus expedited inpatient advanced therapies evaluations for patients presenting with severe de novo biventricular heart failure
- Evaluate the evidence behind the waiting intervals required before primary prevention ICD implant
- Discuss appropriateness of wearable cardioverter-defibrillator therapy, electrophysiology study, and objective assessment of discharge readiness for mitigating arrhythmic risk during the pre-ICD window
- Apply ischemic scar burden and viability data to sudden death risk and likelihood of LVEF recovery in nonviable ischemic cardiomyopathy

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