



Cardiology Disease Fellowship  
Inova Schar Heart and Vascular

Cardiology Disease Fellows Conference

# Journal Review

Tiffany Brazile, MD  
Cardiovascular Fellow

Thursday, May 21, 2026

12:00-1:00pm

ISHV 1<sup>st</sup> Floor Conference room  
and

Join:

<https://teams.microsoft.com/meet/299816744149481?p=8kXQBBjRseTN76rzU5>

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**Target audience:** Members of the medical staff, cardiology practitioners, fellows

### Learning objectives:

- Critically evaluate the design and methodology of the OPTION trial sub analysis, including patient selection, stratified randomization, and subgroup limitations
- Interpret the efficacy and safety outcomes of LAAC compared with oral anticoagulation after AF ablation (bleeding reductions, thromboembolic protection, procedural safety, and imaging outcomes)
- Discuss the clinical implications of integrating LAAC into AF ablation workflows, including patient selection, procedural timing, anticoagulation management, and shared decision-making in high risk patients with atrial fibrillation

- **Accreditation:** The Inova Office of Continuing Medical Education is accredited by the Medical Society of Virginia to provide continuing medical education for physicians.

**Credit designation:** The Inova Office of Continuing Medical Education designates this live educational activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity. Physicians may claim up to 1.0 credit in Type 1 CME on the Virginia Board of Medicine Continued Competency and Assessment Form required for renewal of an active medical license in Virginia.



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