

Case Conference

"Pre-Existing Conditions and Their Impact on Alcohol Detoxification: A Case Review"

Andrea Lubeck, DNP, CFNP, PMHNP-BC

CATS Detoxification Unit

Inova Fairfax Medical Campus

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December 10, 2025
12:00 – 1:00 p.m.
To claim credit,
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Target audience: Members of the medical staff all subspecialties, medical residents and students.

Learning objectives:

- Emphasize the importance of medical screening
Highlight how pre-existing conditions (e.g., diabetes, heart disease, autoimmune disorders) directly affect detox eligibility and guide safe treatment planning.
- Outline how certain conditions require protocol adjustments or clearances:
Note that some conditions may need modifications to the CATS detox process, additional monitoring, or specialty clearance—e.g., cardiac clearance for significant heart disease or a chest X-ray for respiratory concerns.
- Review CATS detox admission and exclusion criteria
Summarize the medical, psychiatric, and safety requirements for admission, as well as conditions that indicate the need for a higher level of care or exclusion from the unit.

Accreditation: The Medical Society of Virginia is a member of the Southern States CME Collaborative, an ACCME Recognized Accreditor. Inova Health System Office of Continuing Medical Education is accredited by the Southern States CME Collaborative to provide continuing medical education for physicians.

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