



19th Annual Mohsen Ziai Pediatric Conference

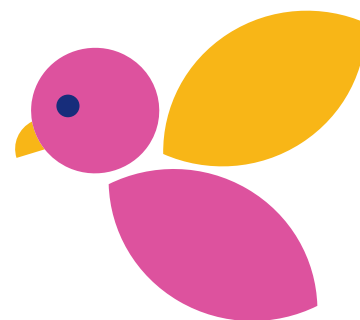
Friday-Saturday, November 7-8, 2025

Inova Center for Personalized Health Conference Center

8100 Innovation Park Drive, Fairfax, VA 22031



Inova.org/PedsCME



Program Directors:

Cynthia Gibson, MD, MHA

Chair, Department of Pediatrics

Peds SL Director, Clinical Excellence

Pediatric Critical Care Physician

Inova Children's Hospital

Laura Madoo, DO, FAAP

Pediatrician, Capital Area Pediatrics

Continuity Clinic Director,

Inova Children's Hospital Pediatric Residency



**Continuing
Medical
Education**

19th Annual Mohsen Ziai Pediatric Conference

This dynamic two-day pediatric conference is designed to equip clinicians with the latest innovations, evidence-based practices, and advocacy tools across a wide spectrum of child health. From cutting-edge updates on genetic testing and vaccine responsiveness to practical insights into autism care, AI in pediatrics, and emerging therapies for food allergies, this event brings together leading experts to bridge gaps in knowledge and improve everyday clinical practice. Featuring interactive sessions on developmental challenges, mental health, and health equity, as well as opportunities for networking and wellness, this is a must-attend event for pediatric professionals dedicated to comprehensive, compassionate care.

Learning Objectives

- Analyze the 2025 AAP genetic testing guidelines and evaluate how to incorporate genetic screening into routine pediatric practice.
- Apply current evidence on vaccine responsiveness, autism interventions, and GLP-1 agonists to inform personalized care plans in pediatric settings.
- Differentiate between common causes of hypotonia, hip disorders, and constipation in children to diagnose and manage these conditions more effectively.
- Evaluate policy and advocacy strategies that address pediatrician access to childcare and anti-vaccine legislation and formulate approaches to support health equity in community practice.
- Utilize evidence-based tools to recognize and risk-stratify suicidal ideations and intentions in children and adolescents.



In Memoriam

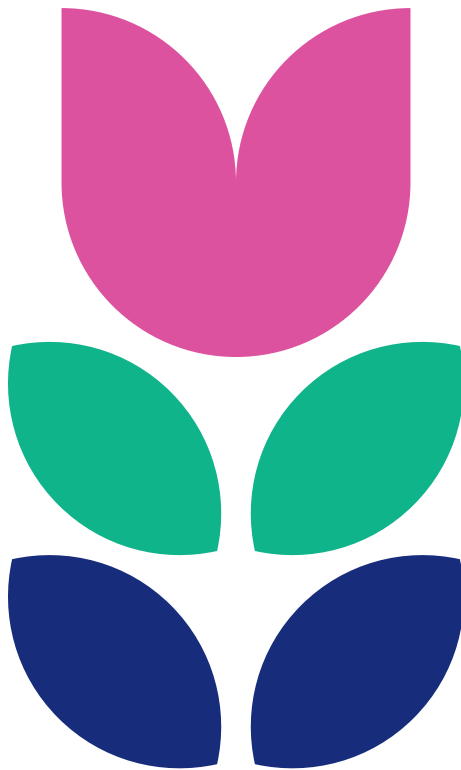
Mohsen Ziai, MD an Iranian native who represented the eighth generation of his family to pursue a medical career and who played a crucial role in the growth of what is now Inova Children's Hospital in Fairfax County, passed away March 27, 2013 at his home in Great Falls, Virginia.

In 1982, Dr. Mohsen Ziai became the Chairman of Pediatrics at Inova Fairfax Hospital, inspiring the physician community with his vision of a children's hospital in Northern Virginia. His 17 years as Chairman of Pediatrics produced rapid growth including establishment of the only PICU in Northern Virginia, the opening of the Women's and Children's Building, the inception of the Inova Pediatric Center, the initiation of the pediatric cardiac surgery program and establishment of a pediatric residency program. The establishment in his honor of this continuing medical education conference is a natural extension of Dr. Ziai's approach to the promotion of child health through service to the community.

The Mohsen Ziai M.D. Pediatric Endowment was established in 1991 to support pediatric education, research, and program development. Thanks to many colleagues and friends, as well as former students and residents in Fairfax, Rochester, New York, and around the world, the balance reached \$1.9 million dollars including interest before being tapped by Dr. Ziai's successors. The chairs have expended well over one million dollars toward major support to this annual conference, multiple REACH Courses provided free of charge to local pediatricians, establishment of a child abuse professorship, including almost half a million dollars for neonatal neurodevelopmental research. Additional support by current beneficiaries of the Endowment is needed to continue such enrichment of support to community pediatric caregivers. Please consider an annual donation to this cause to honor Dr. Ziai's memory and legacy: www.inovachildrens.org/giveback.

Program Schedule:

Friday, November 7, 2025



7:30 – 8:00 a.m.

Coffee and Breakfast with Exhibitors

8:00 – 8:15 a.m.

Welcome and the Legacy of Dr. Mohsen Ziai

Laura Madoo, DO, FAAP / Program Director
Pediatrician, Capital Area Pediatrics

Cynthia Gibson, MD, MHA / Program Director
Department Chairman, Pediatrics, Inova Children's Hospital

8:15 – 9:00 a.m.

Bridging the Gap: Integrating Genetics into Everyday Pediatric Care; Review of 2025 AAP Genetic Testing Guidelines

Marta Biderman Waberski, MD, FACMG
Clinical Geneticist Medical Director of Outpatient Genetics, Inova Children's Hospital

9:00 – 9:45 a.m.

Variability in Vaccine Responsiveness in Early Childhood

Michael Pichichero, MD
*Vice President and Director, Rochester General Hospital Research Institute
Director, Center for Infectious Diseases and Immunology
Research Professor, Rochester Institute of Technology
Clinical Professor, Department of Pediatrics, University of Rochester*

9:45 – 10:30 a.m.

The Floppy Frontier: Exploring Hypotonia, Hypermobility, and the Developing Child

Kelly Pham, MD
Pediatric Physical Medicine and Rehabilitation, The Reach Center

10:30 – 10:50 a.m.

Break with Exhibitors

10:50 – 11:35 a.m.

Clunks to Limps: Diagnosing Pediatric Hip Disorders

Evan Sheppard, MD
*Pediatric Orthopaedic Surgeon, Pediatric Specialists of Virginia,
Division of Orthopaedic Surgery & Sports Medicine,
Children's National Hospital*



11:35 a.m. – 12:35 p.m.

The William Bekenstein Pediatric Lecture

Look for the Good: It Makes Today Better

Tim Gabrielson
Win Win Charity

Program Schedule:

Friday, November 7, 2025

12:35 – 1:30 p.m.

Lunch with Exhibitors

1:30 – 2:15 p.m.

Leucovorin in Autism Care:

What Does the Evidence Really Tell Us

Mary-Elizabeth Calabrese, DO, MPH

Inova Children's Hospital

Developmental Pediatrician, Inova Children's Hospital

Shaline Khurana, MD

Medical Director, Division of Developmental Pediatrics,

Inova Children's Hospital

Colleen Morgan, MA, CCC-SLP

Speech Pathologist, Inova Children's Specialists,

Developmental Pediatrics

Emily Nichols, PhD

Inova Children's Hospital

2:15 – 2:45 p.m.

Supporting the Whole Child: Occupational Therapy's Role in Autism and Neurodivergent Care Across Sensory, Motor, and Feeding Domains

Kisha Beltran, DrOT

Pediatric Rehabilitation, Inova Rehabilitation Services

Lora Jackle, OTR/L

Pediatric Rehabilitation, Inova Children's Hospital

2:45 – 3:30 p.m.

Constipation and Encopresis:

Getting to the Bottom of It

Salina Khushal, MD

Pediatric Gastroenterology

Pediatric Specialists of Virginia

3:30 – 3:45 p.m.

Break with Exhibitors

3:45 – 4:30 p.m.

Child Care Access for Pediatricians:

Policy, Advocacy and Resources

Megan Prior, MD, FAAP

Attending Physician, Goldberg Center for Community Pediatric Health at Columbia Heights Assistant Professor of Pediatrics, George Washington School of Medicine and Health Sciences

4:30 – 5:15 p.m.

Too Soon or Just Right? Evaluating the Utility of the 48-Hour Postnatal Ultrasound in Prenatal Hydronephrosis

Daniel Casella, MD

Pediatric Urology, Pediatric Specialists of Virginia

Rosanna Fulchiero, DO

Pediatric Nephrology, Inova Children's Hospital

5:15 – 6:00 p.m.

The Language of Supportive Care: (Un)Learning How to Establish (Mis)Trust With the Words We Say and Write

Cara Calderon, CTRP-C, CDHWP, CCFP, CCLS

Child Life Specialist, Inova Children's Hospital

Nicole Johnson, MA, CCLS, CTRP-C, CIMI

Child Life Specialist, Inova Children's Hospital

6:00 – 7:00 p.m.

Happy Hour



Program Schedule:

Saturday, November 8, 2025

7:30 – 8:00 a.m.

Coffee and Breakfast with Exhibitors

8:00 – 8:05 a.m.

Welcome

Laura Madoo, DO, FAAP / Program Director
Pediatrician, Capital Area Pediatrics

Cynthia Gibson, MD, MHA / Program Director
*Department Chairman, Pediatrics,
Inova Children's Hospital*

8:05 – 8:30 a.m.

Update: Virginia Chapter, AAP

Percita Ellis, MD, FAAP
*Vice President, Virginia Chapter,
American Academy of Pediatrics*

8:30 – 9:15 a.m.

Dose of Reason: Battling Anti-Vaccine Laws

Michael Martin, MD, FAAP
*Owner & Medical Director, Einstein Pediatrics,
Division of Trusted Doctors
Medical Director, Trusted Doctors Alliance*

9:15 – 10:00 a.m.

Practical AI in Pediatric Practice

Sandy L. Chung, MD, FAAP, FACHE
*Past President, American Academy of Pediatrics
CEO, Trusted Doctors*

10:00 – 10:20 a.m.

Break with Exhibitors

10:20 – 11:05 a.m.

The Good, The Bad, and the GLP-1 Agonists

Otilia Neacsu, MD, FAAP
*Pediatric Endocrinology, Inova Children's
Multispecialty Clinic
Assistant Professor of Medical Education,
UVA SOM Inova Campus*

11:05 – 11:50 a.m.

**NHLBI/GINA Asthma Guidelines for
General Practice: Current Recommendations
and Treatment Options**

Dinesh Pillai, MD
*Pediatric Pulmonology
Pediatric Specialists of Virginia*

11:50 a.m. – 12:30 p.m.

**Shaping the Future of Cystic Fibrosis:
Update on Virginia's Newborn Screening
for CF and CFTR Modulator Advances**

Dagne Assefa, MD, FAAP, FCCP
Pediatric Pulmonology, Pediatric Specialists of Virginia

12:30 – 1:15 p.m.

Lunch with Exhibitors

Program Schedule:

Saturday, November 8, 2025

1:15 – 1:45 p.m.

From Vague to Valuable: Transforming Narrative Comments in Learner Evaluations

Darshita Bhatia, MD, FAAP

Pediatric Clerkship Director,

UVA School of Medicine Inova Campus

Pediatric Hospitalist, Inova Children's Hospital

Lindsey Daggle, MD, FAAP

Associate Pediatric Clerkship Director

UVA School of Medicine Inova Campus

Pediatric Hospitalist, Inova Children's Hospital

Stephen Moses, MD, FAAP

Associate Pediatric Clerkship Director,

UVA School of Medicine Inova Campus

Pediatric Hospitalist, Inova Children's Hospital

Henna Qureshi, MD, FAAP

Pediatrician, Inova Cares Clinic for Children

Associate Ambulatory Peds Clerkship Director,

UVA SOM Inova Campus

SDOH/Health Equity-Physician Lead,

Community Health, Inova Health System

1:45 – 2:15 p.m.

When Babies Skip Milestones: Impact of Container Use, Torticollis, and Missed Tummy Time

Monica Bell, PT, DPT, PCS

Pediatric Rehabilitation, Inova Children's Hospital

Megan Johnson, PT, DPT, PCS

Pediatric Rehabilitation, Inova Children's Hospital

2:15 – 2:45 p.m.

Keeping Pediatric Athletes Active During Concussion Recovery

Kylie Courtwright, PsyD

Neuropsychology Postdoctoral Fellow

Inova Sports Medicine Concussion Program

Gianna Hill, PsyD

Neuropsychology Postdoctoral Fellow

Inova Sports Medicine Concussion Program

2:45 – 3:00 p.m.

Break with Exhibitors

3:00 – 4:00 p.m.

Are you Brave Enough to Save a Life? Primary Care for Suicidal Kids

Amy Dryer, MD, FAAP

Pediatrician, TPG Pediatrics

REACH Faculty, Virginia Mental Health Access Program

Julia Richardson, LCSW

Licensed Clinical Social Worker and

Behavioral Health Therapist

Virginia Mental Health Access Program

in partnership with Inova Kellar Center

4:00 – 4:45 p.m.

Emerging Therapies for Food Allergies

Kirti Johal, MD

Allergy and Immunologist, Allergy Partners

4:45 – 5:30 p.m.

What's New in Pediatric Dermatology

Robert Silverman, MD, FAAD

Pediatric Dermatologist

5:30 – 5:45 p.m.

Closing Remarks

Program Directors:

Laura Madoo, DO and Cynthia Gibson, MD, MHA



Speaker Disclosure Statement

Inova Health System's Office of Continuing Medical Education adheres to ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME activity, including faculty, program directors, and planners are required to disclose all relevant financial relationships with ineligible entities as defined by ACCME. All relevant financial relationships listed for these individuals have been mitigated.

Credit Information

Inova CME Accreditation

The Medical Society of Virginia is a member of the Southern States CME Collaborative, an ACCME Recognized Accreditor. Inova Health System Office of Continuing Medical Education is accredited by the Southern States CME Collaborative to provide continuing medical education for physician.

Credit Designation

The Inova Office of Continuing Medical Education designates this live educational activity for a maximum of **16.5 AMA PRA Category 1 Credit(s)TM**. Physicians should only claim credit commensurate with the extent of their participation in the activity. Physicians may claim up to **16.5 credits in Type 1 CME** on the Virginia Board of Medicine Continued Competency and Assessment Form required for renewal of an active medical license in Virginia.

MOC Credit Recognition Statement (for physicians only)

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn up to **4 MOC points** in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

ABS CC Statement

Successful completion of this CME activity enables the learner to earn credit toward the CME requirement(s) of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit to ACCME for the purpose of granting ABS credit.



Conference Information

Visit Inova.org/PedsCME for:

- Speaker disclosure information (click the Faculty tab)
- Detailed steps to claim credit
- All conference materials

For any additional questions, email Nazish Khaliq, MS, CHCP,
Director, Office of Continuing Medical Education, at Nazish.Khaliq@inova.org





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Thank you, Exhibitors! Our event would not be possible without your generous support!

Exhibitors

- Alexion Pharmaceuticals
- ARS Pharma
- Ascendis Pharma
- AstraZeneca
- Baylor Genetics
- Blackbird Health
- GSK Vaccine Sales
- Kyowa Kirin
- L'oreal/Iqvia
- Mead Johnson/Reckitt
- Merck Vaccine
- Pfizer
- Sanofi Rare Diseases
- Sanofi Vaccine
- Soleno Therapeutics
- Spring Works Therapeutic

Community Partners

- Care Connection for Children
- GMU Center for Community Mental Health
- IFMC Rehabilitation Services
- Inova Children's Hospital
- Inova Children's Heart Center
- Inova Concussion Program
- Inova Health Sciences Library
- Inova Peterson Life with Cancer
- Pediatric Specialists of Virginia (PSV)
- VA Chapter of American Academy of Pediatrics (AAP)
- Virginia Mental Health Access (VMAP)



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