

Educational Grand Rounds

Addressing the elephant in the room: Shame and sentinel emotional events in health professions learners

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Physicians' Conference Center- Lower Level

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12:15 pm – 1:15 p.m.

Target audience: Open to all faculty, residents, and medical students

Learning objectives:

- Define and differentiate shame and guilt and describe why this distinction matters
- Outline triggers, contributing factors, and effects of shame in health professions learners
- Describe specific identity processes implicated in shame experiences
- List specific strategies for advancing constructive shame engagement in health professions education

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