



Children's National.

Children's National DC Mother-Baby Wellness Perinatal Mental Health Training Session

Written Exposure Therapy: A Brief Treatment for PTSD

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[Zoom registration link](#)

October 9, 2024

12:00 p.m. – 1:00 p.m.

Target audience: Obstetricians, midwives, nurses, medical assistants, lactation specialists, social workers, therapists, counselors, psychologists, psychiatrists, or anyone else caring for or working with pregnant or postpartum individuals.

Learning objectives:

- Identify critical elements of written exposure therapy.
- Describe the research data supporting the efficacy for written exposure therapy in the treatment for PTSD.
- Describe situations when it is appropriate to use written exposure therapy.

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Accreditation: The Medical Society of Virginia is a member of the Southern States CME Collaborative, an ACCME Recognized Accreditor. This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Southern States CME Collaborative (SSCC) through the joint providership of Inova Health System Office of Continuing Medical Education and Children's National Hospital. Inova Health System Office of Continuing Medical Education is accredited by the SSCC to provide continuing medical education for physicians.

Credit designation: The Inova Office of Continuing Medical Education designates this live educational activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity. Physicians may claim up to 1.0 credit in Type 1 CME on the Virginia Board of Medicine Continued Competency and Assessment Form required for renewal of an active medical license in Virginia.

