



**Children's National.**

2024 Children's National DC Mother-Baby Wellness Perinatal Mental Health Training Series

# Obsessive Compulsive Disorder in the Perinatal Period: Pain of Mind is Worse than Pain of Body

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**Zoom link registration - [here](#)**

**November 6, 2024**

**12:00 – 1:00 p.m.**

**Target audience:** Obstetricians, midwives, nurses, medical assistants, lactation specialists, social workers, therapists, counselors, psychologists, psychiatrists, or anyone else caring for or working with pregnant or postpartum individuals.

**Learning objectives:**

- Define Obsessive Compulsive Disorder (OCD) with examples of clinical care of perinatal women
- Describe the course of OCD across pregnancy and postpartum, and its comorbidity with major depressive disorder
- Identify treatment options for OCD

[To claim credit, text ZOGZEK to 703.260.9391]

**Accreditation:** The Medical Society of Virginia is a member of the Southern States CME Collaborative, an ACCME Recognized Accreditor. This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Southern States CME Collaborative (SSCC) through the joint providership of Inova Health System Office of Continuing Medical Education and Children's National Hospital. Inova Health System Office of Continuing Medical Education is accredited by the SSCC to provide continuing medical education for physicians.

**Credit designation:** The Inova Office of Continuing Medical Education designates this live educational activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity. Physicians may claim up to 1.0 credit in Type 1 CME on the Virginia Board of Medicine Continued Competency and Assessment Form required for renewal of an active medical license in Virginia.

