

**Inova Children’s Sleep Center, virtual meeting held via Microsoft TEAMS**

**09/16/2024**

**12:15-1:00 p.m.**

**To claim credit,
text
to 703.260.9391**

**SMS Code**

**JAYWEC**

Use of at Home Diagnostic Devices in Management of Sleep Disorders:  Review of Clinical Practice Guidelines for HSAT, Actigraphy, and pulse oximetry

**Inova Pediatric Sleep Medicine Journal Club and Case Presentations**

**Target audience: Physicians, Nurses/Nurse Practitioners, Dentists, Sleep Technologists**

**Learning objectives:**

* Understand use of HSAT in diagnosis of obstructive sleep apnea in adults
* Recognize limitations of use of HSAT in pediatric patients
* Understand role of actigraphy in sleep
* Identify clinical scenarios in which downloadable pulse oximetry can be helpful.

**Accreditation:** The Medical Society of Virginia is a member of the Southern States CME Collaborative, an ACCME Recognized Accreditor. Inova Health System Office of Continuing Medical Education is accredited by the Southern States CME Collaborative to provide continuing medical education for physicians.

**Credit designation:** The Inova Office of Continuing Medical Education designates this live educational activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity. Physicians may claim up to 1.0 credit in Type 1 CME on the Virginia Board of Medicine Continued Competency and Assessment Form required for renewal of an active medical license in Virginia.

**Speaker Aarthi Vemana, MD**

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