

## Children's National DC Mother-Baby Wellness Perinatal Mental Health Training Series

## Systems of Inequity: How Institutional Racism and Implicit Biases Sustain Health Disparities in Black Women

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Wednesday, August 14, 2024
12:00pm – 1:00pm
Zoom - Register in Advance
Zoom registration link

Accreditation: The Medical Society of Virginia is a member of the Southern States CME Collaborative, an ACCME Recognized Accreditor. This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Southern States CME Collaborative (SSCC) through the joint providership of Inova Health System Office of Continuing Medical Education and Children's National Hospital. Inova Health System Office of Continuing Medical Education is accredited by the SSCC to provide continuing medical education for physicians.

Credit designation: The Inova Office of Continuing Medical Education designates this live educational activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity. Physicians may claim up to 1.0 credit in Type 1 CME on the Virginia Board of Medicine Continued Competency and Assessment Form required for renewal of an active medical license in Virginia.



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## **Learning Objectives**

- Identify and name the historical and contemporary system barriers that decrease health outcomes in obstetric and perinatal mental health settings, including cultural trauma, access and affordability, and sociopolitical determinants of health.
- List practical strategies and tools for increasing health outcomes for Black and other cultural minorities in perinatal mental health spaces, including advocacy and providing culturally informed care that incorporates community resources.
- Draw attention to the role of implicit biases and their implications.

[To claim credit, text SAYJOC to 703.260.9391]

## **Target Audience**

Obstetricians, midwives, nurses, medical assistants, lactation specialists, social workers, therapists, counselors, psychologists, psychiatrists, or anyone else caring for or working with pregnant or postpartum individuals.

