



Goldberg Center Professional Development Grand Rounds

Introduction to Stress First Aid: A Practical Tool for Enhancing Personal & Team Well-Being

Qadira Ali, MD, MPH, DiplABLM

Location: Virtual

Target audience: Goldberg Center Providers

June 26, 2024

Learning objectives:

11a.m. – 12:00p.m.

- Describe the Stress First Aid Program.
- Discuss individual and team-based impacts of Stress First Aid utilization.
- Identify best practices for implementation of Stress First Aid within healthcare teams.

**To claim credit,
text JUBWAF
to 703.260.9391**

Accreditation: The Medical Society of Virginia is a member of the Southern States CME Collaborative, an ACCME Recognized Accreditor. This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Southern States CME Collaborative (SSCC) through the joint providership of Inova Health System Office of Continuing Medical Education and Children's National Hospital. Inova Health System Office of Continuing Medical Education is accredited by the SSCC to provide continuing medical education for physicians.

Credit designation: The Inova Office of Continuing Medical Education designates this live educational activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity. Physicians may claim up to 1.0 credit in Type 1 CME on the Virginia Board of Medicine Continued Competency and Assessment Form required for renewal of an active medical license in Virginia.

