



Children's National.

Division of Psychiatry and Behavioral Sciences  
Division of Psychology and Behavioral Health

FY24 Behavioral Health Grand Rounds

Silber Lecture:

# Eating Disorders Among Gender Diverse Youth

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Medical Consultant

Pediatrician, Adolescent and Young Adult Medicine Physician

Eating Recover Center

Virtual (Zoom)

<https://childrensnational.zoom.us/j/96102569437>

Passcode: 3932

June 19, 2024

11 a.m. - 12 p.m.

To claim credit,

text **FEMNUQ**

to 703.260.9391

**Dr. Lisa Tuchman** is a board-certified Pediatrician and Adolescent and Young Adult Medicine specialist at Eating Recovery Center in Maryland. She formerly served as Division Chief for the Division of Adolescent and Young Adult Medicine at Children's National Hospital in Washington, DC. Lisa graduated from Washington University in St. Louis with a BA in Social Thought and Analysis after which she spent one year as a Fulbright Scholar in Malawi studying HIV and malnutrition. She returned to the US and earned her MD degree from Tulane University School of Medicine and a Master of Public Health degree in International Health and Complex Emergencies from the Tulane School of Public Health and Tropical Medicine. She completed a pediatric residency at Cincinnati Children's Hospital Medical Center and a fellowship in the Division of Adolescent Medicine at Children's Hospital of Philadelphia. She remained on faculty at CHOP for two years and joined Children's National in 2009. Dr. Tuchman's research focused on improving health systems, adolescent and young adult care transitions, and reproductive health for youth with complex chronic conditions. She has also authored or co-authored more than 75 peer reviewed publications, chapters and abstracts. She is an expert in the clinical management of eating disorders and joined Eating Recovery Center in December 2021.

## Learning objectives:

By the end of this presentation, participants should be able to:

1. Discuss epidemiological and disparity considerations of transgender nonbinary care.
2. Discuss role of gender affirming care in eating disorder treatment.
3. Identify medical and nutritional considerations in providing eating disorder care to gender diverse youth.
4. Discuss differences in treatment approaches for gender diverse youth with an eating disorder.

**Target audience:** Psychiatrists, Psychologists, Social Workers, Psychiatry fellows, Psychology Doctoral Interns

**Accreditation:** The Medical Society of Virginia is a member of the Southern States CME Collaborative, an ACCME Recognized Accreditor. This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Southern States CME Collaborative (SSCC) through the joint providership of Inova Health System Office of Continuing Medical Education and Children's National Hospital. Inova Health System Office of Continuing Medical Education is accredited by the SSCC to provide continuing medical education for physicians.

**Credit designation:** The Inova Office of Continuing Medical Education designates this live educational activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity. Physicians may claim up to 1.0 credit in Type 1 CME on the Virginia Board of Medicine Continued Competency and Assessment Form required for renewal of an active medical license in Virginia.

