



Children's National™

Children's National DC Mother-Baby Wellness Perinatal Mental Health Training Series

Acceptance for What We Can't Accept: Strategies for Working with Perinatal Grief and Loss

Hannah Dugoni, PsyD, PMH-C

Perinatal Mental Health Postdoctoral Fellow

Developing Brain Institute - Children's National Hospital

Wednesday, June 19, 2024

12:00pm – 1:00pm

Zoom - Register in Advance

[Webinar Registration - ZOOM](#)

Learning Objectives

- Introduce what we mean by 'acceptance' as a psychological construct of perinatal grief and loss.
- Share 2 approaches to ACT into perinatal grief and loss work: individual therapy and group perinatal ACT.
- From a parallel process perspective, describe how clinicians working in this space practice self-care to be able to continue to support those who are grieving.

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Target Audience

Obstetricians, midwives, nurses, medical assistants, lactation specialists, social workers, therapists, counselors, psychologists, psychiatrists, or anyone else caring for or working with pregnant or postpartum individuals.



Accreditation: The Medical Society of Virginia is a member of the Southern States CME Collaborative, an ACCME Recognized Accreditor. This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Southern States CME Collaborative (SSCC) through the joint providership of Inova Health System Office of Continuing Medical Education and Children's National Hospital. Inova Health System Office of Continuing Medical Education is accredited by the SSCC to provide continuing medical education for physicians.

Credit designation: The Inova Office of Continuing Medical Education designates this live educational activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity. Physicians may claim up to 1.0 credit in Type 1 CME on the Virginia Board of Medicine Continued Competency and Assessment Form required for renewal of an active medical license in Virginia.



8095 Innovation Park Drive, Fairfax, VA 22031