## Pediatric Pulmonology: State-of-the-Art

# Exercise Physiology - Digging Deeper, Part 1 

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## Virtual via ZOOM

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8:00-9:00 AM

To claim credit, text GOSREF
to 703.260.9391

Target audience: Pediatric Pulmonologists; Advance Practice Practitioners, nurses and respiratory therapists in pulmonary medicine; Intensivists; Emergency Medicine physicians; Allergists; General Pediatricians

Learning objectives:

- Appreciate the need to understand the basics of exercise physiology to use exercise as a tool for evaluating human functioning and for its use as a treatment modality.
- Understand metabolism as the driver of the cardiopulmonary responses to exercise
- Identify pulmonary disease-induced changes in the response to exercise and the role of exercise in the treatment of pulmonary disease - cystic fibrosis in particular

Accreditation: The Medical Society of Virginia is a member of the Southern States CME Collaborative, an ACCME Recognized Accreditor. This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Southern States CME Collaborative (SSCC) through the joint providership of Inova Health System Office of Continuing Medical Education and Children's National Hospital. Inova Health System Office of Continuing Medical Education is accredited by the SSCC to provide continuing medical education for physicians.

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