

Pediatric Pulmonology: State-of-the-Art

## Exercise Physiology – Digging Deeper, Part 1

Frank Cerny, MDiv, PhD Executive Director The Rural Outreach Center East Aurora, NY, USA

Virtual via ZOOM

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8:00-9:00 AM

To claim credit, text GOSREF to 703.260.9391 **Target audience:** Pediatric Pulmonologists; Advance Practice Practitioners, nurses and respiratory therapists in pulmonary medicine; Intensivists; Emergency Medicine physicians; Allergists; General Pediatricians

## Learning objectives:

- Appreciate the need to understand the basics of exercise physiology to use exercise as a tool for evaluating human functioning and for its use as a treatment modality.
- Understand metabolism as the driver of the cardiopulmonary responses to exercise
- Identify pulmonary disease-induced changes in the response to exercise and the role of exercise in the treatment of pulmonary disease – cystic fibrosis in particular

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