



FY24 Behavioral Health Grand Rounds

# Rational Polypharmacy and Developmental Dynamics in De-prescribing for Children, Adolescents and Transitional-Age Youth

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Children's National Hospital

Virtual (Zoom)

<https://childrensnational.zoom.us/j/96102569437>

Passcode: 3932

April 17, 2024  
11 a.m. - 12 p.m.

To claim credit,  
text **YUSRAZ**  
to 703.260.9391

**Dr. Alex Yoon** completed her undergraduate degree in Chemistry and History from the College of William and Mary and medical degree from the Eastern Virginia Medical School. She completed her adult psychiatry residency at George Washington University, where she was awarded Resident Teaching Award of Excellence, and has developed interests in cross-cultural and community psychiatry. Dr. Yoon is currently a second-year child and adolescent psychiatry fellow and serving as the outpatient chief at Children's National Hospital. Dr. Yoon has presented and published papers, journal/newspaper articles and posters, at psychiatric conferences and media. She was an awardee and the Vice Chair of the APAF/SAMHSA Minority Fellowship Program where she has been working with community leaders, Korean American parents and youth to promote mental health literacy and youth suicide prevention. Dr. Yoon is passionate about working with minority population, transitional age youth, women and their family.

**Target audience:** Psychiatrists, Psychologists, Social Workers, Psychiatry fellows, Psychology Doctoral Interns

## Learning objectives:

1. Describe the process of prescribing and deprescribing in youth.
2. Identify factors impacting polypharmacy and deprescribing.
3. Explain sociocultural considerations for rational polypharmacy and deprescribing.

**Accreditation:** The Medical Society of Virginia is a member of the Southern States CME Collaborative, an ACCME Recognized Accreditor. This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Southern States CME Collaborative (SSCC) through the joint providership of Inova Health System Office of Continuing Medical Education and Children's National Hospital. Inova Health System Office of Continuing Medical Education is accredited by the SSCC to provide continuing medical education for physicians.

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