

FY24 Behavioral Health Grand Rounds

Foster Care

Michael Sexton, MDChB

Second Year Child and Adolescent Psychiatry Fellow

Virtual (Zoom)

https://childrensnational.zoom.us/j/96102569437

Passcode: 3932

April 10, 2024 11 a.m. - 12 p.m.

To claim credit, text NOCLUF to 703.260.9391 **Dr. Michael Sexton** worked for the UK National Health Service as an emergency medicine physician before moving to Rwanda where he worked as a physician educator for Partners in Health. He then moved to the United States to undertake a Master's in International Development at Harvard Kennedy School and subsequently worked as a health specialist at the World Bank where he oversaw the Ebola Emergency Response Project in Sierra Leone. Having sorely missed direct patient interaction, he decided to return to clinical medicine. He undertook psychiatry residency at George Washington University and is now in his second year of CAP fellowship at Children's National. His interests include trauma, working with children within the foster care system and psychotherapy.

Target audience: Psychiatrists, Psychologists, Social Workers, Psychiatry fellows, Psychology Doctoral Interns

Learning objectives:

- 1. Gain insight into the experience of youth who enter foster care.
- 2. Understand the position of foster care within the wider child welfare system.
- 3. Understand how the foster care system itself can be traumatizing.
- 4. Know what clinicians can do to mitigate dangers and optimize safety and healing.

Accreditation: The Medical Society of Virginia is a member of the Southern States CME Collaborative, an ACCME Recognized Accreditor. This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Southern States CME Collaborative (SSCC) through the joint providership of Inova Health System Office of Continuing Medical Education and Children's National Hospital. Inova Health System Office of Continuing Medical Education is accredited by the SSCC to provide continuing medical education for physicians.

Credit designation: The Inova Office of Continuing Medical Education designates this live educational activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity. Physicians may claim up to 1.0 credit in Type 1 CME on the Virginia Board of Medicine Continued Competency and Assessment Form required for renewal of an active medical license in Virginia.



