



Children's National™

## Children's National DC Mother-Baby Wellness Perinatal Mental Health Training Series

### Mas allá de las palabras- Supporting Immigrant and Limited English Proficient Clients in Perinatal Mental Health Spaces

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Wednesday, May 8, 2024

12:00pm – 1:00pm

Zoom - Register in Advance

[Webinar Registration - ZOOM](#)

#### Learning Objectives

1. Identify the unique challenges faced by immigrant and limited English proficient clients in perinatal mental health settings, including cultural barriers, language access issues, and social determinants of health.
2. Develop proficiency in effectively collaborating with interpreters to facilitate culturally and linguistically competent communication, including understanding interpreter roles, establishing rapport, and navigating ethical considerations.
3. List practical strategies and tools for supporting immigrant and limited English proficient clients in perinatal mental health spaces, including supporting, valuing, and retaining bilingual providers, implementing culturally competent communication techniques, and focusing on social connection and community resources.

#### Target Audience

Obstetricians, midwives, nurses, medical assistants, lactation specialists, social workers, therapists, counselors, psychologists, psychiatrists, or anyone else caring for or working with pregnant or postpartum individuals.

**Accreditation:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Medical Society of Virginia (MSV) through the joint providership of Inova Office of Continuing Medical Education and Children's National Medical Center. The Inova Office Continuing Medical Education is accredited by the Medical Society of Virginia to provide continuing education for physicians.

**Credit Designation:** The Inova Office of Continuing Medical Education designates this live educational activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity. Physicians may claim up to 1.0 credit in Type 1 CME on the Virginia Board of Medicine Continued Competency and Assessment Form required for renewal of an active medical license in Virginia.



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