



Children's National.

**Division of Psychiatry and Behavioral Sciences
Division of Psychology and Behavioral Health**

FY24 Behavioral Health Grand Rounds

Infant-Early Childhood Mental Health Interventions: Parent Training Programs in DC

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Children's National Hospital

Virtual (Zoom):
[https://childrensnational.
zoom.us/j/96102569437](https://childrensnational.zoom.us/j/96102569437)

Passcode: 3932

April 3, 2024
11 a.m. - 12 p.m.

**To claim credit,
text JALCAX
to 703.260.9391**

Dr. J. Nikki Steinsiek is a second-year child and adolescent psychiatry fellow at Children's National Hospital. She completed her medical degree and master of public health in epidemiology at Oregon Health and Science University, and her residency in psychiatry at the University of North Carolina in Chapel Hill. During psychiatry training, Nikki has published research related to the of depression in children with autism and intellectual disabilities, participated in numerous committees and projects related to racial equity and justice in the field of psychiatry, and advocated for state and federal policies that promote mental health. Nikki was an American Psychiatric Association Leadership Fellow and is currently a member of the Washing Psychiatry Society Executive Committee. During her final year of child and adolescent psychiatry fellowship, she has completed Children's National Hospital's Leadership Education in Neurodevelopmental and Related Disabilities (LEND) Fellowship and George Washington University's Residency Fellowship in Health Policy.

Target audience: Psychiatrists, Psychologists, Social Workers, Psychiatry fellows, Psychology Doctoral Interns

Learning objectives:

1. Define infant-early childhood mental illness prevention and health promotion.
2. Summarize the history of parent training programs.
3. Describe the how parent training programs can impact child mental health.

Accreditation: The Medical Society of Virginia is a member of the Southern States CME Collaborative, an ACCME Recognized Accreditor. This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Southern States CME Collaborative (SSCC) through the joint providership of Inova Health System Office of Continuing Medical Education and Children's National Hospital. Inova Health System Office of Continuing Medical Education is accredited by the SSCC to provide continuing medical education for physicians.

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