



FY24 Behavioral Health Grand Rounds

# The Strength-Based Approach to Neurodevelopmental Disorders

**Sonia Jacob, DO**

Second Year Child and Adolescent Psychiatry Fellow  
Children's National Hospital

## Virtual (Zoom)

[https://childrensnational.zoom.us/j/  
96102569437](https://childrensnational.zoom.us/j/96102569437)

Passcode: 3932

**March 6, 2024**

**11 a.m. - 12 p.m.**

**To claim credit,  
text NACHAT  
to 703.260.9391**

**Dr. Sonia Jacob** was born in St. Petersburg, Florida, and completed her adult psychiatry training at Einstein Medical Center in Philadelphia. Her academic interests include psychotherapy and treating patients in the outpatient setting, transitional-age youth and the school-based setting.

**Target audience:** Psychiatrists, Psychologists, Neuropsychologists, Child and Adolescent Psychiatry fellows, Psychology Doctoral Interns

## Learning objectives:

By the end of this talk, participants will be able to:

- Describe 4 key areas of strengths in dyslexia
- Identify how to approach building self-esteem in kids with autism
- List at least 2 strengths associated with ADHD

**Accreditation:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Medical Society of Virginia (MSV) through the joint providership of Inova Office of Continuing Medical Education and Children's National Medical Center. The Inova Office Continuing Medical Education is accredited by the Medical Society of Virginia to provide continuing education for physicians.

**Credit designation:** The Inova Office of Continuing Medical Education designates this live educational activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity. Physicians may claim up to 1.0 credit in Type 1 CME on the Virginia Board of Medicine Continued Competency and Assessment Form required for renewal of an active medical license in Virginia.

