



Children's National™

Children's National DC Mother-Baby Wellness Perinatal Mental Health Training Series

Navigating perinatal suicidality: A collaborative and client-centered approach

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Wednesday, Jan 10, 2024

12:00pm – 1:00pm

Zoom - Register in Advance

[Webinar Registration - ZOOM](#)

Learning Objectives

- Knowledge Acquisition Participants will be able to summarize key factors related to perinatal suicidality, including its prevalence, unique risk factors during the perinatal period, and the cultural considerations necessary for effective assessment
- Skill Development in Client Centered Approaches-Attendees will develop practical skills in conducting client centered assessments with perinatal individuals, fostering a deeper understanding of how to build rapport, use appropriate screening tools, and integrate cultural sensitivity in suicide risk assessment.
- Application of Collaborative Intervention Strategies -Participants will be able to apply collaborative and client centered intervention strategies when working with perinatal clients at risk of suicidality. This includes engaging clients in safety planning, involving their support systems, and providing psychoeducation on coping skills, with an emphasis on tailoring interventions to individual cultural contexts.

Target Audience

Obstetricians, midwives, nurses, medical assistants, lactation specialists, social workers, therapists, counselors, psychologists, psychiatrists, or anyone else caring for or working with pregnant or postpartum individuals.

Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Medical Society of Virginia (MSV) through the joint providership of Inova Office of Continuing Medical Education and Children's National Medical Center. The Inova Office Continuing Medical Education is accredited by the Medical Society of Virginia to provide continuing education for physicians.

Credit Designation: The Inova Office of Continuing Medical Education designates this live educational activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity. Physicians may claim up to 1.0 credit in Type 1 CME on the Virginia Board of Medicine Continued Competency and Assessment Form required for renewal of an active medical license in Virginia.



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