

FY24 Behavioral Health Grand Rounds

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Addressing Health Disparities in Diabetes through Project Extension for Community Healthcare Outcomes (ECHO)

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PI & Director, ECHO Diabetes
Director of Health Equity, UF Diabetes Institute
Chair, American Diabetes Association's National Health Disparities Committee

Wednesday, January 24, 2024
@ 11:00am – 12:00pm

Virtual (Zoom)

<https://childrensnational.zoom.us/j/96102569437>
Passcode: 3932

Abstract:

Health disparities in diabetes are well documented with significantly higher risks of disease morbidity and mortality and lower utilization of technologies based on socioeconomic status (SES), race, and ethnicity. This presentation will provide an overview of the importance of multi-layered approaches to reducing health disparities in diabetes and will highlight the Project Extension for Community Healthcare Outcomes (ECHO) Diabetes program that targets medically underserved communities in California and Florida. Findings and key insights from the ECHO Diabetes implementation and evaluation will be shared, including participant-level, provider-level and health center-level outcomes.

Dr. Ashby Walker

is an Assistant Professor at the University of Florida in the Department of Health Services Research, Management and Policy and is the Director of Health Equity at the UF Diabetes Institute. Dr. Walker is an elected member and Chair of the American Diabetes Association's National Health Disparities Committee and serves on the Chronic Diseases & Conditions Workgroup for Florida's Health Improvement Plan. Dr. Walker's nationally recognized research as a medical sociologist focuses on reducing health disparities in diabetes and she serves as PI and Director of the ECHO Diabetes program in Florida. She was selected by Diabetes Forecast magazine as "People to Know" for 2019, she won the Diversity Champion Award for UF in 2021, and is the recipient of seven teaching, mentoring, and curriculum development awards.

Learning Objectives:

By the end of this talk, participants will be able to:

1. Describe disparities in health outcomes for Type 1 and Type 2 Diabetes
2. Explain barriers related to socioeconomic status, race and ethnicity in diabetes outcomes
3. Recognize strategies for reducing health disparities in diabetes, including the Project Extension for Community Healthcare Outcomes (ECHO) Diabetes program

Audience:

Psychiatrists, Psychologists, Neuropsychologists, Child and Adolescent Psychiatry fellows, Psychology Doctoral Interns

Accreditation Information: This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of INOVA and Children's National Medical Center. The INOVA Office of Continuing Medical Education is accredited by the MSV to provide continuing medical education for physicians. Children's National Medical Center is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Psychology Registration and CE credit: All confirmed participants will earn one (1) CE credits (Instructional Level, Intermediate Learning) upon successful completion of the seminar and evaluation. Any questions, please email PsychologyCE@childrensnational.org.

Credit Designation: Children's National Hospital is approved by the American Psychological Association to sponsor continuing education for psychologists. Children's National Hospital maintains responsibility for this program and its content.



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