

FY24 Behavioral Health Grand Rounds

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Parent-focused interventions to improve LGBTQ adolescent health

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@ 11:00am – 12:00pm

Virtual (Zoom)

<https://childrensnational.zoom.us/j/96102569437>

Passcode: 3932

Abstract:

Sexual and gender minority (SGM) adolescents suffer from a variety of poor mental and physical health outcomes, relative to their cisgender, heterosexual peers. Parents have been shown to have a powerful influence on adolescent health, and emerging research indicates this is also the case for SGM youth. Building on this body of work, our team has been designing interventions to support, motivate, and guide parents in engaging in behaviors that can improve health outcomes for SGM youth. This presentation will describe some of this intervention work, including results from recent formative studies and trials of the interventions.

David M. Huebner, PhD, MPH received his PhD in Clinical Psychology from Arizona State University and his MPH in epidemiology from the University of California, Berkeley. He is currently a Professor in the Department of Prevention and Community Health at George Washington University (GWU), and is Co-Director of the Social and Behavioral Sciences Core at the Washington, DC Center for AIDS Research. His research examines how discrimination from families, schools, and communities impacts HIV risk and other health outcomes among sexual minority adolescents and young adults, and how preventive interventions can help mitigate those impacts. His current NIH funding focuses on designing and testing the efficacy of parent-focused interventions to improve sexual health among gay and bisexual adolescents.

Andrew P. Barnett, Ph.D. is a clinical psychologist whose research focuses on addressing health disparities among sexual and gender minority (SGM) adolescent and young adult populations, with a particular emphasis on HIV prevention for young men who have sex with men. He received his Ph.D. in clinical psychology from George Washington University in 2021, and he completed his clinical internship in the child track / pediatric psychology specialization in the clinical psychology training program at the Alpert Medical School of Brown University. Dr. Barnett is currently a postdoctoral fellow in the NIH-funded T32 fellowship in adolescent/young adult biobehavioral HIV research at Brown. Prior to graduate school, from 2009 to 2014, he served as the executive director for SMYAL, a prominent Washington, DC area community-based non-profit organization dedicated to supporting SGM youth.

Learning Objectives:

By the end of this talk, participants will be able to:

1. Identify 3 negative health outcomes shown to be associated with parent rejection of a lesbian, gay, or bisexual child.
2. Describe 3 ways that parents can support a gay/bisexual son in developing stronger skills for sexual health.
3. Describe how interventions focused on parents can improve health outcomes for gay and bisexual youth.

Audience:

Psychiatrists, Psychologists, Neuropsychologists, Child and Adolescent Psychiatry fellows, Psychology Doctoral Interns

Accreditation Information: This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of INOVA and Children's National Medical Center. The INOVA Office of Continuing Medical Education is accredited by the MSV to provide continuing medical education for physicians. Children's National Medical Center is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Psychology Registration and CE credit: All confirmed participants will earn one (1) CE credits (Instructional Level, Intermediate Learning) upon successful completion of the seminar and evaluation. Any questions, please email PsychologyCE@childrensnational.org.

Credit Designation: Children's National Hospital is approved by the American Psychological Association to sponsor continuing education for psychologists. Children's National Hospital maintains responsibility for this program and its content.



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