



Children's National™

RSS Activity Name: Children's National DC Mother-Baby Wellness Perinatal Mental Health Training Series

Activity Code: 870754

Somatic Healing in the Perinatal Period: Skills for Regulating Emotions and Physiology for the Resolution of Trauma and Foundation for Secure Attachment

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Implicit Psychotherapy, Founder

**Wednesday,
December 13, 2023**

2:00 pm – 3:00 pm

Zoom – register in advance at

[Webinar Registration - Zoom](#)

Learning Objectives:

1. Understand and define the difference between explicit and implicit memory and how this can be used to process a mother/birthing person's and baby's birth experience.
2. Identify how to get a birth history using explicit and implicit timelines.
3. Name three regulation practices that help resolve trauma and increase secure attachment.

Target Audience:

Obstetricians, midwives, nurses, medical assistants, lactation specialists, social workers, therapists, counselors, psychologists, psychiatrists, or anyone else caring for or working with pregnant or postpartum individuals.

[Text code **NOSMUV** to 703-260-9391]

Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Medical Society of Virginia (MSV) through the joint providership of Inova Office of Continuing Medical Education and Children's National Medical Center. The Inova Office Continuing Medical Education is accredited by the Medical Society of Virginia to sponsor continuing education for physicians.

Credit Designation: The Inova Office of Continuing Medical Education designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity. Physicians may claim up to 1.0 credit in Type 1 CME on the Virginia Board of Medicine Continued Competency and Assessment Form required for renewal of an active medical license in Virginia.



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