

# FY24 Behavioral Health Grand Rounds

Sponsored by: Children's National, Division of Psychiatry and Behavioral Sciences and Division of Psychology and Behavioral Health

## Utility of Integrated Developmental-Behavioral Monitoring for Young Children in Specialty Care Settings: Lessons Learned from Sickle Cell Disease

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**Wednesday, November 8, 2023**  
**@ 11:00am – 12:00pm**

**Virtual (Zoom)**  
<https://childrensnational.zoom.us/j/96102569437>  
Passcode: 3932

**Abstract:** Early identification of developmental-behavioral concerns is critical for ensuring timely access to supports and interventions. The American Academy of Pediatrics has developed guidelines for all young children that specify the use of surveillance and standardized developmental screening instruments at set ages to promote optimal identification of concerns. However, implementation of these practices is widely variable across the United States. This variability can have downstream negative effects on children with medical conditions that have elevated risk for neurodevelopmental disorders. This presentation will cover current developmental screening guidelines and potential challenges to developmental-behavioral monitoring for children with medical complexity, using sickle cell disease as an example. The unique role of pediatric psychologists and integrated models in specialty care will be described as a potential solution for overcoming these challenges.

**Alyssa Schlenz, PhD** is an Associate Professor of Pediatrics at the University of Colorado School of Medicine and Children's Hospital Colorado. Dr. Schlenz's clinical interests are focused on assessment and consultation/liaison supports for children with neurodevelopmental and behavioral disorders and medical complexity. Her research interests are focused broadly on improving quality of life and identifying methods for improving access to high quality care for individuals with sickle cell disease, with research spanning the areas of neurologic complications, neurodevelopmental and behavioral disorders, and pain. Dr. Schlenz is chair of the neurocognitive workgroup for the National Alliance for Sickle Cell Centers, which aims to develop standards for developmental and cognitive surveillance, screening, and evaluation for sickle cell disease. She has also developed multiple integrated clinical programs focused on early identification and consultation/liaison support for children with sickle cell disease and co-occurring neurodevelopmental and behavioral conditions.

### Learning Objectives:

At the end of this presentation, the learner will be able to:

1. Describe current developmental screening guidelines for young children
2. Identify at least two factors that can impact developmental-behavioral care for young children with medical conditions, using sickle cell disease as an example
3. Compare different types of integrated developmental-behavioral monitoring approaches for specialty care

### Audience:

Psychiatrists, Psychologists, Neuropsychologists, Child and Adolescent Psychiatry fellows, Psychology Doctoral Interns

[Text code **CURQET** to 703-260-9391]

**Accreditation Information:** This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of INOVA and Children's National Medical Center. The INOVA Office of Continuing Medical Education is accredited by the MSV to provide continuing medical education for physicians. Children's National Medical Center is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

**Psychology Registration and CE credit:** All confirmed participants will earn one (1) CE credits (Instructional Level, Intermediate Learning) upon successful completion of the seminar and evaluation. Any questions, please email [PsychologyCE@childrensnational.org](mailto:PsychologyCE@childrensnational.org).

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