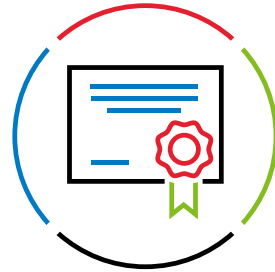


DEA-registered practitioners: UpToDate® meets MATE Act Requirements

U.S. practitioners prescribing controlled substances must complete eight hours of training on treatment and management of patients with opioid or other substance use disorders.



UpToDate is MATE Act-eligible:

- For physicians and physician assistants, UpToDate provides 0.5 hours of credit for each eligible topic viewed. For those who have selected the AMA PRA Credit track for CME, you must research a clinical question from the search box before credits will accrue; you cannot earn AMA credits by clicking to a topic directly from the table of contents.
- Nurse practitioners can use the time-based tracking option in UpToDate for continuing education credits. A search is not required to accrue credit.
- Along with your CME credit certificate, you can access an activity log of the topics you reviewed during the period reflected in the certificate – including those that meet MATE Act requirements.
- Training does not need to occur in one session. It can be cumulative across multiple sessions equal to eight hours.

Topics within the **Substance use disorders** sub-section of the **Psychiatry** specialty in UpToDate are MATE Act-eligible.

Eligible topics include, but are not limited to:

- Approach to treating opioid use disorder
- Clinical assessment of substance use disorders
- Contingency management for substance use disorders: Efficacy, implementation, and training
- Management of acute pain in adults with opioid use disorder
- Use of opioids in the management of chronic non-cancer pain
- Prescription drug misuse: Epidemiology, prevention, identification, and management
- Overview of management of opioid use disorder during pregnancy

A full list of MATE Act-eligible topics in UpToDate are listed on next page.

MATE Act-eligible topics are not specifically tagged in UpToDate. Practitioners should highlight the eligible topics they've viewed in UpToDate in their CME/CE History and keep documentation if needed for audit purposes.

[Learn more](#) about meeting MATE Act requirements with UpToDate.

Visit [dea.gov](https://www.dea.gov) for questions specific to MATE Act.

UpToDate topics eligible for MATE Act requirements

Alcohol

- Alcohol use disorder: Pharmacologic management
- Alcohol use disorder: Psychosocial management
- Alcohol use disorder: Treatment overview
- Alcohol withdrawal: Ambulatory management
- Alcohol withdrawal: Epidemiology, clinical manifestations, course, assessment, and diagnosis
- Brief intervention for unhealthy alcohol and other drug use: Efficacy, adverse effects, and administration
- Brief intervention for unhealthy alcohol and other drug use: Goals and components
- Identification and management of unhealthy alcohol use in the perioperative period
- Nutritional status in patients with sustained heavy alcohol use
- Risky drinking and alcohol use disorder: Epidemiology, clinical features, adverse consequences, screening, and assessment
- Screening for unhealthy use of alcohol and other drugs in primary care

Cannabis

- Cannabis use and disorder: Epidemiology, pharmacology, comorbidities, and adverse effects
- Cannabis use disorder: Clinical features, screening, diagnosis, and treatment
- Cannabis withdrawal: Epidemiology, clinical features, diagnosis, and treatment

Opioids

- Opioid use disorder: Epidemiology, clinical features, health consequences, screening, and assessment
- Opioid use disorder: Pharmacologic management
- Opioid use disorder: Psychosocial management
- Opioid use disorder: Treatment overview
- Opioid withdrawal: Clinical features, assessment, and diagnosis
- Opioid withdrawal: Medically supervised withdrawal during treatment for opioid use disorder
- Prevention of lethal opioid overdose in the community

Other

- Benzodiazepine use disorder
- Clinical assessment of substance use disorders
- Co-occurring schizophrenia and substance use disorder: Epidemiology, pathogenesis, clinical manifestations, course, assessment and diagnosis
- Co-occurring substance use disorder and anxiety-related disorders in adults: Epidemiology, pathogenesis, clinical manifestations, course, assessment, and diagnosis
- Continuing care for addiction: Context, components, and efficacy
- Continuing care for addiction: Implementation
- Determining appropriate levels of care for treatment of substance use disorders
- Insomnia in patients with a substance use disorder
- Motivational interviewing for substance use disorders
- Nutritional and non-medication supplements permitted for performance enhancement
- Pharmacotherapy for co-occurring schizophrenia and substance use disorder
- Prescription and non-prescription medications permitted for performance enhancement
- Prescription drug misuse: Epidemiology, prevention, identification, and management
- Primary care management of adults with opioid use disorder
- Prohibited non-hormonal performance-enhancing drugs in sport
- Psychosocial interventions for co-occurring schizophrenia and substance use disorder
- Substance use disorders in physicians: Assessment and treatment
- Substance use disorders in physicians: Epidemiology, clinical manifestations, identification, and engagement
- Substance use disorders: Principles, components, and monitoring during treatment with contingency management
- Substance use disorders: Psychosocial management
- Substance use disorders: Training, implementation, and efficacy of treatment with contingency management
- Treatment of co-occurring anxiety-related disorders and substance use disorders in adults

Stimulants

- Cocaine use disorder: Epidemiology, clinical features, and diagnosis
- Methamphetamine use disorder: Epidemiology, clinical features, and diagnosis
- Stimulant use disorder: Psychosocial management
- Stimulant use disorders: Treatment overview