FY24 Behavioral Health Grand Rounds

Sponsored by: Children's National, Division of Psychiatry and Behavioral Sciences and The Washington Baltimore Center for Psychoanalysis

22nd Annual Saltz Lecture

Concurrent Psychodynamic Work With Parents and Their "Wild"* Child

*"Wild" being the child's descriptor for himself

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Wednesday, October 18, 2023 @ 11:00am – 12:00pm

Virtual (Zoom)

https://childrensnational.zoom.us/j/96102569437

Abstract

This presentation shall describe the psychoanalytic psychotherapy of a 6 year old boy who had been asked to leave two schools and two recreation centers on account of his out-of-control behaviors. There was concurrent parent work throughout the treatment as it was necessary to help the parents manage their own intense affects of fear and rage whilst parenting their child. This presentation will describe how a careful history taking with the parents alongside interpreting the boy's overwhelming fear of abandonment as evinced through his play and reactions to goodbyes in treatment as well as holidays led to his being able to settle down and develop self-esteem, friends and use his excellent cognition in the service of learning in a special education environment.

Learning Objectives:

After participating in this presentation, learners will be able to

- Evaluate psychoanalytic approaches to working with out of control children.
- 2. Assess the efficacy of concurrent work with parents in working with out of control children.
- Identify psychoanalytic techniques in work with out of control children.

Audience:

Psychiatrists, Psychologists, Neuropsychologists, Child and Adolescent Psychiatry fellows, Psychology Doctoral Interns

Justine Kalas Reeves is a child, adolescent and adult training and supervising psychoanalyst who has worked with a diverse population of children and families in Chicago, NY, London and DC. A DC native, she presently works with all ages, from parents with infants/toddlers to seniors, couples and parents. She is a

member of the clinical faculty at



Howard University's psychiatric residency program. She teaches at the Contemporary Freudian Society and Washington-Baltimore Center for Psychoanalysis. She is a member of the Association for Child Psychoanalysis (whose annual conference is in Baltimore this year if you want to hear more work like this!). She has written about child and adolescent analysis in journals and book chapters, and has presented papers at the Anna Freud Centre, the IPA, APsaA. Recently she had a chapter in a book about Winnicott which won a Gradiva award.

[Text code **VUSDOR** to 703-260-9391]

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Psychology Registration and CE credit: All confirmed participants will earn one (1) CE credits (Instructional Level, Intermediate Learning) upon successful completion of the seminar and evaluation. Any questions, please email Psychology CE@childrensnational.org.

Credit Designation: Children's National Hospital is approved by the American Psychological Association to sponsor continuing education for psychologists. Children's National Hospital maintains responsibility for this program and its content.

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