

# FY24 Behavioral Health Grand Rounds

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## Attending to Race in Clinical Supervision: Towards an Anti-Racist Practice

### Alex Pieterse, PhD

Associate Professor and Director  
Institute for the Study of Race and Culture  
Teachers College  
Columbia University

**Wednesday, November 15, 2023**  
**@ 11:00am – 12:00pm**

### Virtual (Zoom)

<https://childrensnational.zoom.us/j/96102569437>  
Passcode: 3932

**Abstract:** There is a growing appreciation of the need to attend to racial dynamics with in counseling and psychotherapy. Given the critical role of clinical supervision, both as it relates to client welfare and therapist training, the current presentation will address factors associated with the reduction of racial trauma in clinical supervision and will provide guidelines for anti-racist supervisory practice.

**Dr. Alex L. Pieterse** is an Associate Professor and Director of the Institute for the Study of Race and Culture at Boston College. He received his Ph.D. in Counseling Psychology from Teachers College, Columbia University, his Master of Arts in Counseling from New York University, and holds a Bachelor of Health Science in Nursing, received from the Australian Catholic University. Dr. Pieterse's scholarship focuses on psychosocial aspects of race and racism, racial trauma, and anti-racism training and advocacy. He is a fellow of the American Psychological Association and is currently an Associate Editor for The Counseling Psychologist, and is on the Editorial Board of the Clinical Supervisor. He co-authored with Robert T. Carter "Measuring the Effects of Racism" published by Columbia University Press. He is also a licensed psychologist and maintains a psychotherapy practice working with individuals and couples.

### Learning Objectives:

At the end of this presentation, the learner will be able to:

- 1.) List 5 empirically informed psychological outcomes associated with experiences of racism
- 2.) Outline 3 approaches to addressing race and reducing racial trauma in supervision and psychotherapy practice.
- 3.) Identify 5 examples of anti-racist practice for supervisors and clinicians

### Audience:

Psychiatrists, Psychologists, Neuropsychologists, Child and Adolescent Psychiatry fellows, Psychology Doctoral Interns

**Accreditation Information:** This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of INOVA and Children's National Medical Center. The INOVA Office of Continuing Medical Education is accredited by the MSV to provide continuing medical education for physicians. Children's National Medical Center is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

**Psychology Registration and CE credit:** All confirmed participants will earn one (1) CE credits (Instructional Level, Intermediate Learning) upon successful completion of the seminar and evaluation. Any questions, please email [PsychologyCE@childrensnational.org](mailto:PsychologyCE@childrensnational.org).

**Credit Designation:** Children's National Hospital is approved by the American Psychological Association to sponsor continuing education for psychologists. Children's National Hospital maintains responsibility for this program and its content.



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