

FY24 Behavioral Health Grand Rounds

Sponsored by: Children's National, Division of Psychiatry and Behavioral Sciences and Division of Psychology and Behavioral Health

Suicide Prevention for Immigrant-Origin Latinx Youth: Bridging Clinical, Family, and Social Contexts

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Virtual (Zoom)
<https://childrensnational.zoom.us/j/96102569437>
Passcode: 3932

Abstract:

This presentation focuses on suicide risk and prevention among immigrant-origin youth and their families. Suicide is the 2nd leading cause of death among U.S. 10-14 year-olds and 3rd leading cause of death among 15-24 year-olds. Family-focused interventions have been identified as a promising approach to reducing suicide risk. Youth from immigrant families, who comprise over a quarter of the US youth population but face substantial barriers to mental health service access, may particularly benefit from these approaches. In this presentation, the development of brief family-based preventive interventions for Latinx immigrant-origin youth experiencing suicidal ideation and behavior will be used to illustrate key principles and dilemmas in culturally and contextually-relevant suicide prevention. These findings will be linked to a broader discussion of approaches to bridging clinical, family, and social/community contexts for immigrant adolescents via multilevel interventions. Both research and clinical practice implications will be addressed.

Kiara Alvarez, PhD is a Bloomberg Assistant Professor of American Health in the Department of Health, Behavior, and Society at the Johns Hopkins Bloomberg School of Public Health. She is a licensed psychologist and holds a joint appointment at the Johns Hopkins School of Medicine. Her work focuses on mental health equity for children, adolescents, and young adults. She has particular interests in the prevention of suicidal behavior, the integration of behavioral health care across clinical and community settings, and the mental health and well-being of Latinx and immigrant youth and their families. Her research has been funded by the National Institute of Mental Health, the American Foundation for Suicide Prevention, and the William T. Grant Foundation. Dr. Alvarez completed her psychology internship training at Boston Children's Hospital/Harvard Medical School and received her doctorate from the APA-accredited School Psychology program at the University of Texas at Austin. She holds an Ed.M. in Human Development and Psychology from the Harvard Graduate School of Education and a B.A. in Literature from Harvard University.

Learning Objectives:

At the end of this presentation, the learner will be able to:

- Describe two risk factors associated with suicidal ideation and behavior among Latinx immigrant youth
- Describe one of the brief family-based preventive interventions for suicidal Latinx youth
- Discuss opportunities for suicide prevention in primary care pediatric settings

Audience:

Psychiatrists, Psychologists, Neuropsychologists, Child and Adolescent Psychiatry fellows, Psychology Doctoral Interns

Text code **FOXVUW** to 703-260-9391

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Psychology Registration and CE credit: All confirmed participants will earn one (1) CE credits (Instructional Level, Intermediate Learning) upon successful completion of the seminar and evaluation. Any questions, please email PsychologyCE@childrensnational.org.

Credit Designation: Children's National Hospital is approved by the American Psychological Association to sponsor continuing education for psychologists. Children's National Hospital maintains responsibility for this program and its content.



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