



INOVA®



Continuing  
Medical  
Education

**Target Audience:**  
Physician Assistants  
Nurse Practitioners  
Physicians  
Nurses

Excellence in **Education** | Innovation in **Technology** | Lifelong **Learning**

## Inova APP Grand Rounds

Inova Systems Office of Professional Practice

### Incidental Thyroid & Adrenal Nodules: Initial evaluation and management.

Rita Stanislawki, PA-C

#### Learning Objectives:

1. Thyroid
  - a. Normal
  - b. Normal thyroid anatomy & physiology
  - c. Thyroid nodule epidemiology, differential diagnosis, and red flags
  - d. Types of thyroid cancer
  - e. Initial evaluation of thyroid nodules
  - f. Management of benign & malignant thyroid nodules
2. Adrenals
  - a. Normal adrenal anatomy & physiology
  - b. Epidemiology and differential diagnosis of adrenal nodules
  - c. Imaging and biochemical evaluation
  - d. Management
  - e. Adrenocortical carcinoma: General work up and management

Thursday, December 7, 2023 at 2PM

[CLICK HERE TO REGISTER](#)

SMS Text-In #: 703-260-9391

Session Code: HEBRAM



Rita serves as a Physician Assistant in Northern Virginia, where she has been an integral part of the Schar Endocrine Tumor program since 2021. Her role encompasses a broad spectrum of responsibilities, ranging from endocrine surgery to cancer endocrinology. In particular, Rita has played a pivotal role in establishing and expanding a specialized thyroid nodule clinic at the Savile Cancer Screening and Prevention Center. This clinic offers endocrine consultations coupled with same-day imaging and biopsy services, catering to patients with incidental nodules. Presently, Rita is actively collaborating with her team to replicate this success by developing a similar clinic for incidental adrenal nodules.

**Credit Designation:** The Inova Office of Continuing Medical Education designates this live educational activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity. Physicians may claim up to 1.0 credit in Type 1 CME on the Virginia Board of Medicine Continued Competency and Assessment Form required for renewal of an active medical license in Virginia.

**Accreditation:** The Inova Office of Continuing Medical Educations is accredited by the Medical Society of Virginia to provide continuing medical education for physicians.