

# FY24 Behavioral Health Grand Rounds

Sponsored by: Children's National, Division of Psychiatry and Behavioral Sciences and Division of Psychology and Behavioral Health

## I Built It and They Came: Oh No!

### Miller Shivers, PhD

Licensed Clinical Psychologist

Lurie Children's Little Ones/Neonatology

Pritzker Department of Psychiatry and Behavioral Health

Ann & Robert H Lurie Children's Hospital of Chicago

Assistant Professor, Northwestern Feinberg School of Medicine

**Wednesday, September 6, 2023**  
**@ 11:00am – 12:00pm**

**Virtual (Zoom)**  
<https://childrensnational.zoom.us/j/96102569437>  
Passcode: 3932

### Abstract

Starting a new clinical program in a large, academic children's medical center was challenging. Starting basically two separate programs at the same time was even more challenging. As the primary clinical psychologist whose specialty is infants and young children, a new program had to be established and lessons were learned from educating faculty about the specialty in and of itself, convincing management of its importance, staffing the programs, needs for creativity in service and funding avenues. Once the programs were established, they were busy and, thus, understaffed. Again, creativity in service and funding streams was a necessity. There was a need to pivot from traditional models of service and interventions, and to be creative with methods and staffing the services. Ways to start a program from scratch, how to advocate for a program and how to sustain it with limited resources will be shared and discussed.

**Dr. Miller Shivers, PhD** is a pediatric psychologist and the director of Lurie Children's Little Ones in the Pritzker Department of Psychiatry and Behavioral Health at Ann & Robert H Lurie Children's Hospital of Chicago. Her interests include, infant mental health, developmental psychopathology, early childhood anxiety, feeding and sleeping issues in infancy and early childhood, NICU psychology and perinatal mood concerns and anxiety.

### Learning Objectives:

At the end of this Grand Rounds presentation, the learner will be able to:

1. Be able to plan and advocate for a new clinical program
2. Identify creative ways to meet clinical demands
3. Identify methods to secure funding besides traditional grants

### Audience:

Psychiatrists, Psychologists, Neuropsychologists, Child and Adolescent Psychiatry fellows, Psychology Doctoral Interns

[Text Code **NUQGOS** to 703-260-9391]

**Accreditation Information:** This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of INOVA and Children's National Medical Center. The INOVA Office of Continuing Medical Education is accredited by the MSV to provide continuing medical education for physicians.

Children's National Medical Center is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

**Psychology Registration and CE credit:** All confirmed participants will earn one (1) CE credits (Instructional Level, Intermediate Learning) upon successful completion of the seminar and evaluation. Any questions, please email [PsychologyCE@childrensnational.org](mailto:PsychologyCE@childrensnational.org).

**Credit Designation:** Children's National Hospital is approved by the American Psychological Association to sponsor continuing education for psychologists. Children's National Hospital maintains responsibility for this program and its content.



Children's National.



Excellence in Education | Innovation in Technology | Lifelong Learning