

Excellence in **Education** | Innovation in **Technology** | Lifelong **Learning**

Inova APP Grand Rounds

Inova Systems Office of Professional Practice

Management of the Patient in Acute: Alcohol, Benzodiazepine and Opiate Withdrawal and Next Steps

Andrea Lubeck, DNP, CFNP, PMHNP

Learning Objectives:

1. Etiology of Addiction
2. List tools for identifying and measuring withdrawal.
 - a. The Clinical Institute Withdrawal Assessment for Alcohol (CIWA-AR)
 - b. Clinical Opiate Withdrawal Scale (COWS)
3. Medication Management for the patient in withdrawal for both the inpatient and outpatient setting
4. Provide an example of some outpatient and hospital orders sets for detoxification.
5. Medications for alcohol and opiate relapse prevention.
6. Identify Inova and regional resources when caring for the withdrawal patient.
7. What Comprehensive Addiction Treatment Center (CATS) can offer – Detoxification and Intensive Outpatient Program.



Dr. Lubeck has been a valuable member of the Comprehensive Addiction Treatment Services Department at Inova Fairfax Hospital for the past 5 years. In this role, she provides essential inpatient services and consults across all areas of the facility, particularly focusing on patients dealing with substance abuse and withdrawal in the acute care setting. Her primary objective is to motivate and support these patients in their journey towards sobriety and detoxification, all while minimizing their discomfort. She also plays a crucial role in promoting attachment to aftercare and ensuring follow-up post-hospitalization. Andrea's contributions extend beyond patient care. She takes on the responsibility of educating providers and nurses throughout the hospital on withdrawal management, sharing her expertise and knowledge.

Thursday, November 2, 2023 @ 2PM

[CLICK HERE TO REGISTER](#)

SMS Text-In #: 703-260-9391

Session Code: NUSMOZ

Credit Designation: The Inova Office of Continuing Medical Education designates this live educational activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity. Physicians may claim up to 1.0 credit in Type 1 CME on the Virginia Board of Medicine Continued Competency and Assessment Form required for renewal of an active medical license in Virginia.

Accreditation: The Inova Office of Continuing Medical Educations is accredited by the Medical Society of Virginia to provide continuing medical education for physicians.