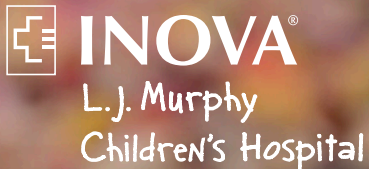


17TH ANNUAL MOHSEN ZIAI PEDIATRIC CONFERENCE

PRESENTED BY:



Friday, September 22 – Saturday, September 23, 2023
The Ritz-Carlton, Tysons VA

www.inova.org/PedsCME



Continuing
Medical
Education

PROGRAM DIRECTORS:

CYNTHIA GIBSON, MD, MHA
Chair, Department of Pediatrics
Peds SL Director, Clinical Excellence
Pediatric Critical Care Physician
Inova LJ Murphy Children’s Hospital

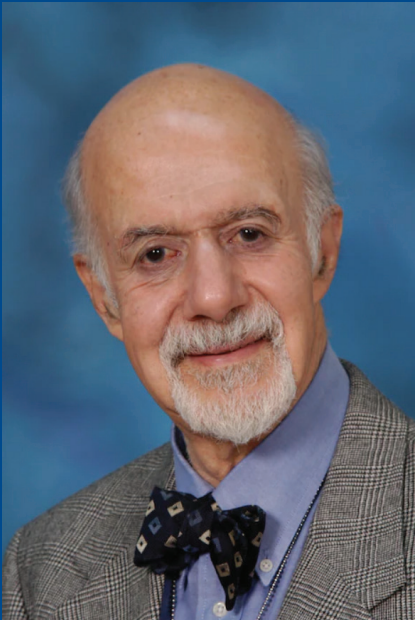
LAURA MADOO, DO, FAAP
Pediatrician, Capital Area Pediatrics
Continuity Clinic Director, Inova L.J.
Murphy Children’s Hospital Pediatric
Residency

LEARNING OBJECTIVES:

- 1. Describe the physiology and mechanics of breastfeeding to promote positive experiences for nursing mothers.
- 2. Identify the most common and dangerous substances of abuse for the adolescent population and illustrate the resources available for prevention and treatment.
- 3. Expand their knowledge of Group A streptococcal infections which can range from mild pharyngitis to fulminant sepsis.
- 4. Differentiate between positional plagiocephaly and craniosynostosis to be able to provide appropriate guidance on prevention and treatment for infants with an abnormal head shape.



IN MEMORIAM



Mohsen Ziai, MD an Iranian native who represented the eighth generation of his family to pursue a medical career and who played a crucial role in the growth of what is now Inova Children’s Hospital in Fairfax County, passed away March 27, 2013 at his home in Great Falls, Virginia.

In 1982, Dr. Mohsen Ziai became the Chairman of Pediatrics at Inova Fairfax Hospital, inspiring the physician community with his vision of a children’s hospital in Northern Virginia. His 17 years as Chairman of Pediatrics produced rapid growth including establishment of the only PICU in Northern Virginia, the opening of the Women’s and Children’s Building, the inception of the Inova Pediatric Center, the initiation of the pediatric cardiac surgery program and establishment of a pediatric residency program. The establishment in his honor of this continuing medical education conference is a natural extension of Dr. Ziai’s approach to the promotion of child health through service to the community.

The Mohsen Ziai M.D. Pediatric Endowment was established in 1991 to support pediatric education, research, and program development. Thanks to many colleagues and friends, as well as former students and residents in Fairfax, Rochester, New York, and around the world, the balance reached \$1.9 million dollars including interest before being tapped by Dr. Ziai's successors. The chairs have expended well over one million dollars toward major support to this annual conference, multiple REACH Courses provided free of charge to local pediatricians, establishment of a child abuse professorship, including almost half a million dollars for neonatal neurodevelopmental research. Additional support by current beneficiaries of the Endowment is needed to continue such enrichment of support to community pediatric caregivers. Please consider an annual donation to this cause to honor Dr. Ziai's memory and legacy. www.inovachildrens.org/giveback.

COURSE FACULTY:

Sheetal Ajmani, MD
Founder, Radiant Living Institute

Heather Bernard, MD, MPH
Assistant Professor of Medical Education
UVA School of Medicine Inova Campus
Associate Program Director, Inova L.J. Murphy Children’s Hospital Pediatric Residency
Pediatrician, Inova Cares Clinic for Children

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Medical Director of Outpatient Genetics
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Fellow, Boston Children’s Hospital

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Certified Grief Support Specialist
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George Gantsoudes, MD
Pediatric Orthopaedic Surgery
Pediatric Specialists of Virginia

Evangelos Katsanos, DO, PGY-3
Pediatric Residents
Inova L.J. Murphy Children’s Hospital

Christina Klingaman, DO, PGY-5
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Fellow, Inova L.J. Murphy Children’s Hospital

Peter Lee, MD
Pediatric Gastroenterology
Pediatric Specialists of Virginia

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System Medical Director, Pediatric Neurosurgery
Professor of Surgery and Pediatrics, Uniformed Services University SOM
Professor of Medical Education, University of Virginia SOM (Inova

Sarah Neale, DO, PGY-2
Pediatric Resident, Inova L.J. Murphy Children’s Hospital

Chimson Oleka, MD, FACOG
Director, Inova Sports Gynecology Clinic
Pediatric, Adolescent and Athlete Gynecologist
INOVA Pediatric and Women’s Service Lines

Courtney Port, MD, MPH
Pediatric Hospitalist, Inova L.J. Murphy Children’s Hospital

Kristina Powell, MD, FAAP
President, Virginia Chapter, American Academy of Pediatrics (VA-AAP)

Henna Qureshi, DO, FAAP
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Pediatrician, Inova Cares Clinic for Children

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Chief, Addiction Services Division
Physician Informaticist, EPIC Physician Builder

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University of Virginia
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Fellow, Inova L.J. Murphy Children’s Hospital”

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Emily Way, MD
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Pediatric Hospitalist, Inova L.J. Murphy Children’s Hospital

Kylie Whalen, MS, LCGC, CG (ASCP)CM
Genetic Counselor
Outpatient Genetics
Inova L. J. Murphy Children’s Hospital

Olivia Wilmarth, MS, GC
Genetic Counselor
Outpatient Genetics
Inova L. J. Murphy Children’s Hospital





Program Schedule:
Friday, September 22, 2023

8:00am-8:15am	Introduction and Welcome <i>Laura Madoo, DO, FAAP</i> <i>Cindy Gibson, MD</i> Salon III
	Dr. Mohsen Ziai Legacy Video Salon III
8:15am-9:00am	Common Neurosurgical Problems An Oxymoron Explained <i>Leon E. Moores, MD, DSc</i> Salon III
9:00am-9:45am	Avoiding Common Booby Traps in Infant Feeding <i>Karen Bodnar, MD, IBCLC</i> Salon III
9:45am-10:15am	Break with Exhibitors Salon II
10:15am-11:00am	Juvenile Idiopathic Arthritis: Diagnostic and Treatment Principles Relevant to the PCP <i>Emily Way, MD</i> Salon III
11:00am-11:45am	Sports Gynecology for Pediatricians <i>Chimsom T. Oleka MD, FACOG</i> Salon III
11:45am-1:00pm	Lunch Salon II
1:00pm-1:45pm	Atraumatic Lower Extremity Pain in the Adolescent: How to Diagnose, Treat, and What Not to Miss <i>George Gantsoudes, MD</i> Salon III
1:45pm-2:30pm	Allergic Gastrointestinal Disorders <i>Peter Lee, MD</i> Salon III
2:30pm-3:00pm	Break with Exhibitors Salon II

Concurrent Breakout Sessions	
3:00pm-3:45pm	Communication and Connections: Addressing the Needs of Children and Teens Throughout a Parent’s Major Illness and/or End-of-Life <i>Cami Frickman, BFA, CCLS</i> Salon III
	Clinical Conundrums <i>Evangelos Katsanos, DO, PGY-3</i> <i>Victoria Kim, MD, PGY 3</i> <i>Sarah Neale, DO, PGY-2</i> Colonnade Room
	From X to Z: Bridging the Generational Gap <i>Darshita Bhatia, MD, FAAP</i> <i>Lindsey Daggles, MD, FAAP</i> <i>Stephen Moses, MD, FAAP</i> <i>Henna Qureshi, DO, FAAP</i> Plaza

Concurrent Breakout Sessions	
4:00pm-4:45pm	Communication and Connections: Addressing the Needs of Children and Teens Throughout a Parent’s Major Illness and/or End-of-Life <i>Cami Frickman, BFA, CCLS</i> Salon III
	Clinical Conundrums <i>Evangelos Katsanos, DO, PGY-3</i> <i>Victoria Kim, MD, PGY 3</i> <i>Sarah Neale, DO, PGY-2</i> Colonnade Room
	From X to Z: Bridging the Generational Gap <i>Darshita Bhatia, MD, FAAP</i> <i>Lindsey Daggles, MD, FAAP</i> <i>Stephen Moses, MD, FAAP</i> <i>Henna Qureshi, DO, FAAP</i> Plaza

Program Schedule:
Saturday, September 23, 2023

- 8:00am-8:05am

Introduction and Welcome
Laura Madoo, DO, FAAP
Cindy Gibson, MD
Salon III
- 8:05am-8:30am

Update: Virginia Chapter, AAP
Kristina Powell, MD, FAAP
Salon III
- 8:30am-9:15am

RSV(P) for the 2023 Party
Rebecca Levenson, MD
Salon III
- 9:15am-10:00am

Treatable Genetic Disorders: Are We There Yet? Current Landscape for Genetic Therapeutics
Marta Biderman Waberski, MD, FACMG
Salon III
- 10:00am-10:30am

Break with Exhibitors
Salon II

Concurrent Breakout Sessions

10:30am-11:15am

Addressing Microaggressions in Clinical Workspaces and Training Environments
Heather M Bernard, MD, MPH
Salon III

Advancing Healthcare Through Medical Simulation in the Outpatient Setting
Rana Sharara-Chami, MD FAAP
Colonnade Room

Genetic Testing in the Modern Clinic: Discussion of Benefits and Limitations with Genetic Counselors
Lucy Drayson, MGC, LCGC
Kylie Whalen, MS, LCGC, CG (ASCP)CM
Savannah Binion, MS, LCGC
Akos Berthold, MMSc, GC
Olivia Wilmarth, MS, GC
Plaza

Concurrent Breakout Sessions

11:30am-12:15pm

Addressing Microaggressions in Clinical Workspaces and Training Environments
Heather M Bernard, MD, MPH
Salon III

Advancing Healthcare Through Medical Simulation in the Outpatient Setting
Rana Sharara-Chami, MD FAAP
Colonnade Room

Genetic Testing in the Modern Clinic: Discussion of Benefits and Limitations with Genetic Counselors
Lucy Drayson, MGC, LCGC
Kylie Whalen, MS, LCGC, CG (ASCP)CM
Savannah Binion, MS, LCGC
Akos Berthold, MMSc, GC
Olivia Wilmarth, MS, GC
Plaza

12:15pm-1:15pm

Lunch
Salon II

1:15pm-2:00pm

Streptococcus pyogenes: When Bread and Butter Pediatrics Isn't Always What You Expect
Stephanie Smith, MD
Salon III

2:00pm-2:45pm

Advances in Management and Treatment of Bronchiolitis
Christina Klingaman, DO, PGY-5
Shiksha Sharma, MD, PGY-4
Salon III

2:45pm-3:15pm

Break with Exhibitors
Salon II

3:15pm-4:00pm

Sex, Drugs, & Rock 'n' Roll
Alexandra Falsey, MD, PGY-5
Courtney Port, MD, MPH
Zeina Saliba, MD
Shiksha Sharma, MD
Amy Weis, MD
Salon III

4:00pm-4:45pm

Sustaining Pediatrician Well-Being: Navigating Burnout to Rediscover Radiance
Sheetal Ajmani MD
Salon III



CONFERENCE INFORMATION

Accreditation Statement

The Inova Office of Continuing Medical Education is accredited by the Medical Society of Virginia to provide continuing medical education for physicians.

Credit Designation

The Inova Office of Continuing Medical Education designates this live educational activity for a maximum of **12 AMA PRA Category 1 Credit(s)**™. Physicians should only claim credit commensurate with the extent of their participation in the activity. Physicians may claim up to **12 credits in Type 1 CME** on the Virginia Board of Medicine Continued Competency and Assessment Form required for renewal of an active medical license in Virginia.

MOC Credit

Successful completion of this CME activity, which includes participation in the activity, with individual assessments of the participant and feedback to the participant, enables the participant to earn 4 MOC points in the American Board of Pediatrics’ (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABP MOC credit.



Virginia Nurses Association

Inova Nursing Professional Development is approved as a provider of nursing continuing professional development by the Virginia Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. To receive 12 contact hours, you must attend the entire conference and complete the post-conference survey.

Faculty Disclosures

Speaker disclosure information can be found on www.inova.org/PedsCME, click the Faculty tab.

Claiming Credit Instructions

The detailed steps to claim credit can be found on www.inova.org/PedsCME.

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Speaker Presentations

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Additional Information


For more information please visit our website www.inova.org/PedsCME or email Nazish Khaliq, Director of CME, at Nazish.khaliq@inova.org.

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Inova Office of CME, 8110 Gatehouse Road, Falls Church, VA 22042

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presented by Inova L.J. Murphy Children's Hospital
Friday, September 22 - Saturday, September 23, 2023



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Ziai Pediatric Conference**