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2023 Inova Children's Grand Rounds

"Heat Illness in Young Athletes"

- Andrew Grundstein, PhD, Geography, University of Georgia

Friday, July 7, 2023

12:30-1:30 pm

ONLINE ZOOM Link:

Join Zoom Meeting

<https://inova.zoom.us/j/3874142477>

Learning Objectives:

1. Describe how heat affects athlete health and safety.
2. Describe thermoregulation and acclimatization of athletes.
3. Describe the different ways to measure heat stress, including the heat index, and the wet bulb globe temperature (WBGT).
4. Describe the key pieces that form an effective heat safety policy.

Target Audience:

Pediatricians, residents, physician assistants, nurse practitioners, and medical students.

For CME credit, create an account at cme.inova.org

SMS Text-In #: 703-260-9391

Session Code: YASDAC

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