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| **Parent Child Interaction Therapy (PCIT) and the effects of therapist coaching on parenting skill acquisition**  **Perrine Heymann, MS (nothing to disclose)**  Psychology Doctoral Intern  Children’s National Hospital | |
| **Wednesday, June 21, 2023**  **@ 11:00am – 12:00pm** | **Virtual (Zoom)**  https://childrensnational.zoom.us/j/98382439548  Passcode: 3932 |
| **Text Code QEYNEK to 703-260-9391**  **Perrine Heymann** is a PhD candidate in the Clinical Science Program at Florida International University (FIU). She is currently completing her psychology internship at Children’s National Hospital. Prior to her doctoral training, Perrine obtained her Bachelor’s degree in Psychology from the University of Pittsburgh. Her research interests include examining cultural adaptations to evidence-based interventions and understanding therapeutic factors that influence treatment outcomes. Perrine will be staying on at Children’s National next year as a post-doctoral fellow with the Anxiety Clinic. | |
| **Abstract**  Externalizing behavior problems in children are one of the most common reasons for caregivers to seek psychosocial treatment. Early externalizing behavior problems are associated with later impairments in academic functioning and peer socialization, as well as an increased risk for antisocial behavior. Research has demonstrated support for the use of behavioral parenting interventions, such as Parent-Child Interaction Therapy (PCIT), in reducing child externalizing behavior problems by targeting parenting behaviors. A core component of PCIT is caregiver coaching, where therapists coach caregivers in-vivo to use specific parenting skills. There has been little research examining the impact of therapists coaching on parenting skill acquisition, especially among ethnic minority families and non-English-speaking families. | |
| **Learning Objectives:**  By the end of this presentation, participants should be able to:   1. Identify early externalizing behaviors in young children and determine if PCIT is an appropriate treatment. 2. Understand how language or cultural differences that may impact treatment outcomes. 3. Identify how coaching statements can impact treatment outcomes for PCIT   **Audience:**  Psychiatrists, Psychologists, Neuropsychologists, Child and Adolescent Psychiatry fellows, Psychology Doctoral Interns | |